FORM D

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D. © 20549

FORM D JUN 2 4 2007



NOTICE OF SALE OF SECURITIES PURSUANT TO REGULATION D,
SECTION 4(6), AND/OR
UNIFORM LIMITED OFFERING EXEMPTION

	OMB Number: Expires: Nove Estimated avera hours per respo	ember 30, 2001
		SE ONLY
	Prefix	Serial
- 1	1	,

DATE RECEIVED

THOMSON

Name of Offering (check if the Flexible Premium Varial	is is an amendment and name has changed, and ble Universal Life Insurance	indicate change) Sun Lite of Canada (U.S.) Variable							
Filing Under (Check box(es) that	apply): 🛘 Rule 504 📋 Rule 505 💢 Ru	le 506 Section 4(6) ULOE Account H)							
Type of Filing: XXNew Filing D.	Amendment	·							
N.	A. BASIC IDENTIFI	CATION DATA							
1. Enter the information requested	about the issuer								
Name of Issuer (check if this Sun Life of Canada (U.S.	is an amendment and name has changed, and in S.) Variable Account H	ndicate change.)							
	ber and Street, City, State, Zip Code) Park, Wellesley Hills, MA 024	Telephone Number (Including Area Code) (781) 237-6030							
Address of Principal Business Oper (if different from Executive Offices)	ations (Number and Street, City, State, Zip Cod)	de) Telephone Number (Including Area Code)							
Brief Description of Business									
Type of Business Organization	_								
☐ corporation	☐ limited partnership, already formed	xx other (please specify): Separate Account							
□ business trust	☐ limited partnership, to be formed								
Actual or Estimated Date of Incorporation or Organization of Incorporation or Organization	ganization: (Enter two-letter U.S. Postal Service	9 8 XX Actual PHOCESSED e abbreviation for State;							
	CNI for Connede: ENI for other fraction installation \ 1111151								

GENERAL INSTRUCTIONS

Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.50 FINANOIALS.C. 77d(6).

When To File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S. Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where to File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part B and the Appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

State:

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix to the notice consistues a part of this notice and must be completed.

ATTENTION

Failure to file notice in the appropriate states will not result in a loss of the federal exemption. Conversely, failure to file the appropriate federal notice will not result in a loss of an available state exemption unless such exemption is predicated on the filing of a federal notice.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

A. BASIC IDENTIFICATION DATA

- 2. Enter the information requested for the following:
 - Each promoter of the issuer, if the issuer has been organized within the past five years;
 - Each beneficial owner having the power to vote or dispose, or direct the vote or disposition of, 10% or more of a class of equity securities of the issuer;
 - Each executive officer and director of corporate issuers and of corporate general and managing partners of partnership issuers;
 and

Each general and ma	inaging partner of	partnership issuers.			1
Check Box(es) that Apply:	KK Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐General and/or Managing Partne
Full Name (Last name first,	if individual) Su	n Life Assurance	Company of Canad	a (U.S.)	
Business or Residence Addre One Executive Park	ess (Number and S , Wellesley	Street, City, State, Zip Co Hills, MA 02481	de)		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	General and/or Managing Partner
Full Name (Last name first, i	if individual)				0 0
Business or Residence Addre	ss (Number and S	treet, City, State, Zip Co	de)		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	General and/or Managing Partner
Full Name (Last name first, i	f individual)				
Business or Residence Addre	ss (Number and St	treet, City, State, Zip Coo	de)		······································
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐General and/or Managing Partner
Full Name (Last name first, i	f individual)	•			
Business or Residence Addre	ss (Number and St	reet, City, State, Zip Cod	e)		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐General and/or Managing Partner
Full Name (Last name first, i	f individual)				
Business or Residence Addres	ss (Number and St	reet, City, State, Zip Cod	e)		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐General and/or Managing Partner
Full Name (Last name first, it	findividual)				_
Business or Residence Addres	ss (Number and St	reet, City, State, Zip Cod	e)		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐General and/or Managing Partner
Full Name (Last name first, it	f individual)				
Business or Residence Address	ss (Number and St	reet, City, State, Zip Cod	e)	· · · · · · · · · · · · · · · · · · ·	

						B. I	VFO)	RMA	1OIT	N AB	OUT	OFF	ERING			
	s.															
1. H	as the i	ssuer s	old or d	loes the	e issuer	intend	to sell	, to no	п-ассге	dited ir	ivestor	s in this	offering?		Yes	oK KK
					A	Answer	also ir	Appe	ndix, C	olumn	2, if fil	ling und	er ULOE.			
2. W	hat is t	he min	imum i	nvestm	ent tha	ıt will t	e acce	pted fr	om any	indivi	dual?				\$ <u>N/A</u>	.
3. De	oes the	offerin	g perm	it joint	owner	ship of	a sing	le unit'	?						Yes □ <u>₄</u>	oИ KK
o: ai	ommiss ffering nd/or w	sion or . If a perith a st	similar erson to late or a	r remui be lis states, i	neration ted is a list the	n for so in asso name	olicitation of the l	ion of p person proker	ourchas or agei or deale	ers in one of a learning termination to the contraction of the contrac	connec broker fore tha	tion wit or deale an five (, directly or in the sales of sector registered versions to the sales of death of the sales of t	writies in the with the SEC be listed are		
			me firs				ratio	n for	· en1-	icita	tion	of no	rebacore	was paid o		
Busin	ess or	Resider	nce Ado	dress (1	Number	and S	reet, C	ity, Sta	te, Zip	Code)	LIOII	or pu	renasers	was paru (r give	en.
Name	of Ass	ociated	Broke	r or Dea	aler	<u> </u>								~ ~~~~~~~~		
States	in Wh	ich Per	rson Li	sted Ha	as Solic	cited or	Intend	ls to Sc	olicit Pu	rchase	rs			•		
(Chec	k "All	States	s" or cl	heck in	dividu	al Stat	es)						E	J All States		
									[FL]			[ID]				
									[MI]		-	[OM]				
									[OH] [WV]			[PA] [PR]				
			ne first										·			
Busin	ess or F	Residen	ce Add	ress (N	umber	and Str	eet, Ci	ty, Stat	e, Zip (Code)						
Name	of Asso	ociated	Broker	or Dea	ler		,									
States	in Wh	ch Per	son Lis	ted Ha	s Solic	ited or	Intend	s to Sol	icit Pu	rchaser	2					
													D	All States		
									[FL]							
									[MI] [OH]							
									[WV]							
			ne first,													
Busine	ss or R	esiden	ce Addi	ress (N	umber :	and Str	eet, Cit	y, State	, Zip C	ode)						
Name	of Asso	ciated l	Broker	or Deal	er											
									icit Pur							
									 [FL]					All States		
								•								
									[OH]							
									[WV]							

C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS

1. Enter the aggregate offering price of securities included in this offering and the total amount already sold. Enter "0" if answer is "none" or "zero". If the transaction is an exchange offering, check this box \(\Pi\) and indicate in the column below the amounts of the securities of-			
fered for exchange and already exchanged.			
Type of Security		regate	Amount Already Sold
Debt	\$		\$.
Equity	\$		\$
☐ Common ☐ Preferred		_	7
Convertible Securities (including warrants)	\$		\$
Partnership Interests	\$		\$
Other (Specify Separate Account)	\$_Un1;	imited	\$ 13 million
Total	\$		\$
Answer also in Appendix, Column 3, if filing under ULOE			
2. Enter the number of accredited and non-accredited investors who have purchased securities in this offering and the aggregate dollar amounts of their purchases. For offerings under Rule 504, indicate the number of persons who have purchased securities and the aggregate dollar amount of their purchases on the total lines. Enter "0" if answer is "none" or "zero."			· .
	Num Inves	-	Aggregate Dollar Amount of Purchases
Accredited Investors	1_		\$ 13 million
Non-accredited Investors			\$
Total (for filings under Rule 504 only)			\$
Answer also in Appendix, Column 4, if filing under ULOE			
3. If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C-Question 1.			
Type of offering	Type Secur		Dollar Amount Sold
Rule 505			\$
Regulation A			\$
Rule 504			\$
Total			\$
4. a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the issuer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate.			
Transfer Agent's Fees			\$ None
Printing and Engraving Costs			\$_None
Legal Fees			\$ None
Accounting Fees			\$ None
Engineering Fees			\$ None
Sales Commissions (Specify finder's fees separately)			\$ None
Other Expenses (identify) State and local premium taxes			\$_N/A
Total			\$_N/A

C. OFFERING PRICE, NU	MBER OF INVESTORS, EXPENSES	S AND USE O	F PROCEEDS
Question 1 and total expenses furnishe	ggregate offering price given in response to Part C ed in response to Part C-Question 4.a. This difference e issuer."	e	N/A
used for each of the purposes shown. an estimate and check the box to the l	ed gross proceeds to the issuer used or proposed to be If the amount for any purpose is not known, furnish eft of the estimate. The total of the payments listed to the issuer set forth in response to Part C-Ques-	1 j	
tion 4.b. above.	over the second of the control of th		m
		Payments to Officers,	
		Directors, & Affiliates	Payments To Others
Salaries and fees		\$ None	\$ None
Purchase of real estate		\$_None □	\$ None
Purchase, rental or leasing and ins	stallation of machinery and equipment	\$ None [\$ None
Construction or leasing of plant I	ouildings and facilities	\$ None D	\$ None
offering that may be used in exchange	cluding the value of securities involved in this nge for the assets or securities of another issuer	\$ None [\$ None
Repayment of indebtedness	🗅	\$_None	\$ None
Working capital		\$ None []	\$ None
Other (specify) Federal defe	erred acquisition taxes	\$ None [\$ N/A
Amounts applied to design	gnated separate account investment		
·	licyholders D	\$ None [\$_N/A
•			\$ N/A
Total Payments Listed (column to	otals added)	□\$ <u>₩</u>	/A
	D. FEDERAL SIGNATURE		
lowing signature constitutes an undertaki	signed by the undersigned duly authorized person. If ng by the issuer to furnish to the U.S. Securities and by the issuer to any non-accredited investor pursuant	Exchange Commis	sion, upon written
nuer (Print or Type) In Life of Canada (U.S.) In Liste Account H	Signature	Date (/7-	07
ame of Signer (Print or Type)	Title of Signer (Print or Type)		L PPVVL SA
the Som In	1 Dohn Som (10)	rector o	X 860000 26

ATTENTION

	E. STATE SIGNATURE	
provisions of such rule?	52 (c), (d), (e) or (f) presently subject to any of the disqualification ndix, Column 5, for state response.	Yes No
••	to furnish to any state administrator of any state in which this notice is	filed a made
Form D (17 CFR 239.500) at such times a	is required by state law.	med, a notice on
The undersigned issuer hereby undertakes issuer to offerees.	to furnish to the state administrators, upon written request, information	fuzzished by the
Limited Offering Exemption (ULOE) of	issuer is familiar with the conditions that must be satisfied to be entitled the state in which this notice is filed and understands that the issuen of establishing that these conditions have been satisfied.	d to the Uniform or claiming the
The issuer has read this notification and knows undersigned duly authorized person.	s the contents to be true and has duly caused this notice to be signed on its	s behalf by the
Issuer (Print or Type) Sun Life of Canada (U.S.) Variable Account H	Signature Date 6-17-0	Z
Name of Signer (Print or Type)	Title of Signer (Print or Type) Our Sur up PRVULS	PLES

Instruction:

Print the name and title of the signing representative under his signature for the state portion of this form. One copy of every notice on Form D must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

APPENDIX

	1	2	3	1	T				
		L	3			4			5
	non-a- inves S	to sell to ecredited stors in tate 3-Item 1)	Type of security and aggregate offering price offered in state (PartC-Item 1)		Type of investor and amound purchased in State (Part C-Item 2)				
				Number of		Number of			-Item 1)
State	Yes	No		Accredited Investors	Amount	Nonaccredited Investors	Amount	Yes	No
AL									1.00
AK									
AZ									
AR									
CA									
co									
CT									
DE									
DC									
FL									
GA			·						
HI									
ID									
IL									
IN									
IA	,								
KS									
KY									
LA									
ME									
MD									
MA									
MI									
MN									
MS									
MO	1								

1	1	2	3		T	5 dification			
	non-ac inves	d to sell to ccredited tors in	Type of security and aggregate offering price offered in state		Type of investor and amound purchased in State				
		-Item 1)				rt C-Item 2)		(Part E	granted) -Item 1)
				Number of Accredited	·	Number of Nonaccredited	i		
State	Yes	No		Investors	Amount	Investors	Amount	Yes	No
MT									
NE									
NV							 		-
NH							<u> </u>		
NJ									
NM								· 	
NY									
NC									
ND									
ОН						 			
OK									
OR									
PA									
RI									
SC	-					·			
SD									
TN									
TX									
UT									
VT						·			
VA									
WA									
wv									
WI									
WY]								
PR									